

Build Your Personal AI Adjutant

Synthesize eleven weeks into one document and one daily workflow.

An adjutant is the officer who carries the commander's intent so the command runs even when he steps away. This week you build yours — one document that synthesizes everything: your Charter, your tool stack, your voice workflow, your Cowork library, your business rhythms, your local-AI setup, your family policy, your Redlines. One document, one standing daily workflow. It's what you'd hand your replacement if you walked away tomorrow.

THE ACTION

- Pull eleven weeks into one document:
 - Charter + Tiered Autonomy (W1).
 - Prompt library + voice workflow (W2, W7).
 - Business rhythms — numbers, comms, budget (W6).
 - Local AI + Redlines + MCP (W11).
 - Family policy + rhythm (W4).
- Define your one standing daily workflow — the morning and evening rhythm you'll actually run.
- Have AI help you format it cleanly; you write the substance.
- Save it where you'll use it. This is your operating doctrine going forward.

THE HANDOFF TEST

If you were called away tomorrow, could a capable man pick up this document and run your AI-supported life and work? That's the bar. Build to it.

SCRIPTURE

2 Timothy 1:14 — "That good thing which was committed to you, keep by the Holy Spirit." The Adjutant is how you keep what you've been given — ordered, written, and ready to pass on.