

Week 4: Home Systems & Stewardship.

1 Timothy 3:4–5 · Tasks drop **Mon / Wed / Fri** (20–30 min each) · one 90-second drill a day if it serves you · the **Audit** closes the week **Saturday** · Sundays off.

This week: A family AI policy your kids help write, a household rhythm posted where everyone can see it, and a legacy plan started.

MONDAY — TASK 1 · Family AI Policy + Friday Devotion Generator (20–30 min)

Write the policy *WITH* your kids. Then generate this Friday's devo.

- 1. Sit down with your kids. Ask them what they think AI is good for and what it should never do. Write the policy together.
- 2. Post the policy where the family sees it — the fridge, not a folder.
- 3. Feed AI last Sunday's sermon (notes or the passage) and ask for a short family devo with one age-appropriate question per child.
- 4. Run the devo this Friday. Tune it next week based on what landed.

WEDNESDAY — TASK 2 · Family Rhythm Asset (20–30 min)

A cadence map for the household. AI drafts; you iterate; you post it.

- 1. Ask AI to draft a weekly household cadence from your inputs: work hours, school, church, meals, bedtimes.
- 2. Build in the non-negotiables — a weekly sabbath block, a one-on-one with each child, a date with your wife.
- 3. Sit with the family and edit it together; let them push back.
- 4. Post it where everyone sees it. Run it for a week and adjust.

FRIDAY — TASK 3 · Legacy Plan Starter (20–30 min)

Will, beneficiaries, the letter your family opens if you're gone.

- 1. Ask AI to generate a legacy-plan framework: will outline, beneficiary checklist, an "if I'm gone" instructions document.
- 2. Fill in the framework — accounts, key contacts, where documents live, who to call. Keep sensitive specifics off the AI; just build the structure.
- 3. Write the short letter: what you'd want your wife and kids to know and do in the first week.
- 4. Book the lawyer appointment to make the will real. AI drafts the framework; a professional makes it binding.

SATURDAY — The Watchman's Audit (15 min)

- The standing Week-2 rhythm: AI summarizes the week's logs and prompts; you read it honestly — no explaining away the slips.
- Set ONE anchor for next week. Then take Sunday off — rest is part of the post.

THE LINE TO HOLD

The home is the first command. Lead your house on AI like everything else — policy written together, rhythm posted, legacy planned. — “If a man does not know how to rule his own house, how will he take care of the church of God?” (1 Timothy 3:5)

This week's drills (optional — 90 seconds, one a day)

Devo seed. Turn one verse from Sunday into a single dinner-table question for the family. Keep it under 20 words.

Rhythm gap. Ask AI to spot the one recurring relationship that has no time blocked for it this week. Block it.

Legacy line. Write one sentence you'd want your kids to read if you were gone. Save it. Add to it weekly.