

Week 10: Discipleship at Scale.

2 Timothy 2:2 · Tasks drop **Mon / Wed / Fri** (20–30 min each) · one 90-second drill a day if it serves you · the **Audit** closes the week **Saturday** · Sundays off.

This week: A personal daily-devotion loop you tune to your own walk, a pastoral-counseling prep workflow with hard redlines, and a cohort prompt-pack you test on one man.

MONDAY — TASK 1 · The Watchman's Daily Devotion (Personal) (20–30 min)

AI builds your personal devo. Run it seven days. Tune it.

- 1. Tell AI where you are spiritually right now and what you want to grow in.
- 2. Have it build a 7-day devotion: a passage, a brief reflection, and a prayer prompt each day.
- 3. Run it for seven days — same time, same place.
- 4. Tune it. Keep what fed you; cut what was filler. Build week two from what worked.

WEDNESDAY — TASK 2 · Pastoral Counseling Prep Workflow (with Redlines) (20–30 min)

AI assists the prep. Never the content of the conversation.

- 1. Build a prep workflow: given a general situation (no names, no identifying detail), AI offers frameworks, Scriptures, and questions.
- 2. Practice the redline explicitly: *(the steps are on the task card)*
- 3. Write your counseling redline down and keep it with your Week 11 Redlines.
- 4. Use the prep workflow for one upcoming conversation — prep only.

FRIDAY — TASK 3 · Build a Discipleship Cohort Prompt-Pack (20–30 min)

Ten prompts for a man you're mentoring. Test on one.

- 1. Draft ten prompts you'd give a man you're mentoring, covering: *(the steps are on the task card)*
- 2. Test the pack on ONE real person this week.
- 3. Watch what helped and what confused. Iterate.
- 4. Save the refined pack — it's a tool you'll hand off in Week 12.

SATURDAY — The Watchman's Audit (15 min)

- The standing Week-2 rhythm: AI summarizes the week's logs and prompts; you read it honestly — no explaining away the slips.
- Set ONE anchor for next week. Then take Sunday off — rest is part of the post.

THE LINE TO HOLD

Feed yourself first. Seal what's confided — full stop. Then build for the man you're discipling. — “Commit these to faithful men who will be able to teach others also.” (2 Timothy 2:2)

This week's drills (optional — 90 seconds, one a day)

Feed yourself. Ask AI for one verse and a one-line reflection for where you are today. Pray it before you scroll.

Seal check. Name out loud one thing a brother told you in confidence that AI will never see. Hold the seal.

Disciple one. Text one man one thing you learned this week that would help him. Multiplication starts with a text.